Padova
Azienda Ospedale
Università Padova

11-12
February 2027

# Wcare

## Italian Conference on **Women**'s Clinical Advances and Research on **HIV**



Chairs
A. Cattelan, C. Mussini

Scientific Advisors
M. Mazzitelli, L. Sasset



# rational

Women living with HIV represent a highly heterogeneous population whose clinical needs extend far virological control. Despite major advances in antiretroviral therapy, women remain underrepresented in clinical research and face persistent disparities in diagnosis, access to care, treatment optimisation and long-term outcomes.

Biological, hormonal, reproductive and psychosocial factors, together with social determinants of health, influence every stage of the HIV care continuum and require personalised and multidisciplinary responses.

The Italian Conference on Women's Clinical Advances and Research on HIV (W-CARE) is designed to address these unmet needs by bringing together national and international experts to review the latest evidence and discuss its translation into clinical practice.

The scientific program will explore evolving antiretroviral treatment, including long-acting strategies and approaches to multidrug-resistant HIV, while highlighting sex-specific considerations that should inform therapeutic choices.

Sessions will prioritise healthy ageing and multimorbidity (cardiovascular disease, bone health, menopause, cancer), reproductive and sexual health across the life course (pregnancy, delivery, breastfeeding, PrEP) and inclusive care for transgender women. Dedicated panels will tackle structural barriers affecting migrant and other vulnerable women, offering practical strategies to reduce stigma and improve equitable access to prevention, diagnosis and treatment.

Beyond knowledge transfer, W-CARE aims to foster multidisciplinary dialogue and collaborative research. Interactive discussions of complex clinical scenarios will provide a platform to identify current evidence gaps, define future priorities for women-centred HIV research and foster multidisciplinary collaboration aimed at improving standards of care and quality of life for women living with HIV.

W-care

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# faculty



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Oana Sandulescu, Carol Davila University of Medicine and Pharmacy, Bucharest (Romania)

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Gaya Spolverato, Azienda Ospedale Università di Padova, Padua

Alessandra Vergori, AOU Policlinico di Foggia, Università degli Studi di Foggia, Foggia

Paola Veronese, Azienda Ospedale Università di Padova, Padua

# Thursday, February 11, 2027

| | | |
|---|---|---|
| *13.00-14.00* | *Registration and Welcome Lunch* | |
| 14.00-14.10 | **Opening Remarks and Conference Aims** | **A. Cattelan, C. Mussini** |
| 14.10-14.30 | Institutional Welcome Addresses | |
| **14.30-16.50** | **SESSION 1**<br>Chairs: **A. Cattelan, C. Mussini** | |
| 14.30-14.50 | Women and HIV: What Epidemiology Shows - and What Research Still Misses | **J. Reyes** |
| 14.50-15.10 | Optimizing Antiretroviral Therapy for Women with HIV: Evidence, Choices and Unmet Needs | **A. Castagna** |
| 15.10-15.30 | Long-Acting ART for Women with HIV From Evidence to Clinical Practice | **M. Gandhi** |
| 15.30-15.50 | HIV and Viral Hepatitis in Women: Addressing the Challenges of Coinfection | **O. Sandulescu** |
| | **EXPERT DEBATE** | |
| 15.50-16.30 | PrEP for Women: From Evidence to Access and Implementation | **V. Mazzotta, S. Nozza** |
| 16.30-16.50 | Panel discussion | |
| *16.50-17.10* | *Coffee Break* | |
| **17.10- 18.30** | **SESSION 2**<br>Chairs: **A. Saracino, L. Sasset** | |
| 17.10-17.30 | Pregnancy, Delivery and Breastfeeding in Women with HIV in Italy: Results from a National Survey | **D. Piacentini** |
| 17.30-17.50 | Breastfeeding and HIV: Evolving Evidence, Recommendations and Shared Decision-Making | **L. Haberl** |
| 17.50-18.10 | Transgender Women and HIV Care: Tailoring Services and Overcoming Barriers | **D. Moschese** |
| 18.10-18.30 | Panel discussion | **P. Veronese** |
| 18.30-18.40 | **Closing remarks** | **A. Cattelan, C. Mussini** |

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# Friday, February 12, 2027

**09.00-10.50** **SESSION 3**
Chairs: **A. Cingolani, M. Mazzitelli**

09.00-09.20 Bone and Cardiovascular Health Across the Life Course of Women with HIV — **G. Guaraldi, J. Milic**

09.20-09.40 Mental Health and Social Well-Being in Women with HIV — **P. Cinque**

09.40-10.20 **Multidisciplinary Clinical Dialogue**
Anogenital Cancer in Women with HIV: Prevention, and Screening and Clinical Management — **A. Geretti, G. Spolverato**

10.20-10.50 **Multidisciplinary Clinical Dialogue**
ART, Contraception and Hormone Therapy Across the Life Course: Managing Interactions in Women with HIV — **C. Fochesato, C. Gervasoni**

*10.50-11.10* *Coffee Break*

**11.10-11.50** **SESSION 4**
Chairs: **S. Di Giambenedetto, M. Malena**

11.10-11.30 Migrant Women and Access to Care: Structural Barriers and Practical Solutions — **F.V. Segala**

11.30-11.50 What It Means to Be a Woman Living with HIV Today: Voices, Experiences and Expectations — **C.R. Kruz Rejes, D. Russo**

**11.50-13.30** **SESSION 5**
Chairs: **A. Cattelan, C. Mussini**

11.50-13.00 **W-CARE Clinical Scenario Workshop: Four Women, Four Complex Cases with Interactive Discussion**

- Managing Multimorbidity in a Woman with HIV — **M. Menozzi**
- ART Choices During Pregnancy: Balancing Maternal and Fetal Priorities — **S. Cavinato**
- Cardiovascular Risk in a Woman with HIV: When Prevention Becomes Complex — **A. Vergori**
- The Multiexperienced Woman: Resistance, Comorbidities and Limited Treatment Options — **A. Giacomelli**

13.00-13.30 **W-CARE Research Lab: Setting Priorities for Women-Centered HIV Research**

13.30-14.00 **What We Learned, What We Still Need to Change: W-CARE - Take-Home Messages**





## SEDE CONGRESSUALE

**Azienda Ospedale Università di Padova**
*(Conference Room)*
Via Nicolò Giustiniani 2
35128 Padova

## ISCRIZIONI

Sono stati assegnati all'evento nº **9** Crediti formativi, secondo il programma per l'Educazione Continua in Medicina (**ID. evento N. 150- 501028**). L'evento è riservato a Medici Specialisti in Allergologia ed Immunologia clinica; Endocrinologia; Malattie Infettive; Medicina Interna; Oncologia; Psichiatria; Ginecologia e Ostetricia; Microbiologia e Virologia; Direzione Medica di Presidio Ospedaliero; Epidemiologia.

## METODOLOGIA DI VALUTAZIONE

L'assegnazione dei crediti formativi è subordinata alla presenza ad almeno il 90% dei lavori e alla corretta compilazione di almeno il 75% delle domande proposte all'interno del questionario di valutazione finale (online, a risposta multipla, con doppia randomizzazione). Sarà possibile compilare il questionario on-line (all'interno della propria area riservata) da sabato 13 febbraio a lunedì 15 febbraio 2027 e sarà consentito un solo tentativo di superamento della prova. Sarà inoltre obbligatoria la rilevazione della presenza in sede e la compilazione del questionario di gradimento (on-line) dell'evento formativo.

## OBIETTIVO FORMATIVO NAZIONALE

Applicazione nella pratica quotidiana dei principi e delle procedure dell'evidence based practice (EBM - EBN - EBP).

## TECNICHE DIDATTICHE

Serie di relazioni su tema preordinato; confronto/dibattito tra pubblico ed esperti guidato da un conduttore.

## PROVIDER E SEGRETERIA SCIENTIFICO-ORGANIZZATIVA

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